




# ~February 2015~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>William H. Rumsey Aquatic Center</b> 635 North Carolina Ave SE Phone: 202-724-4495 & 202-724-4496 Monday-Friday 6:30am- 9:00pm Saturday 8:30am-5:00pm Sunday 8:30am-5:00pm						
<b>1</b>  10:00-10:30 LTS Children LVL 1 10:30-11:00 LTS Children LVL 2 Lifeguard Training Academy 11:00-1:00pm	<b>2</b> 5:30-8:00am Master Swim Team 6:00-7:00am Hydros핀 8:00-8:45am Shallow Water Aerobics 9-9:45am Shallow Water Aerobics 10-11:00am Shallow Water Aerobics 12:00-1:00pm Hydros핀 5:00-6:00pm DPR Junior Waves 7:30-7:30 LTS Adult LVL 1 7:30-8:00 LTS Adult LVL 2 8:00-8:45 LTS Adult LVL 3	<b>3</b> 5:30-8:00am Master Swim Team	<b>4</b> 5:30-8:00am Master Swim Team 6:00-7:00am Hydros핀 8:00-8:45am Shallow Water Aerobics 9-9:45am Shallow Water Aerobics 12:00-1:00pm Hydros핀 5:00-6:00pm DPR Junior Waves	<b>5</b> 5:30-8:00am Master Swim Team Lifeguard Training Academy 11:00-1:00pm	<b>6</b> 5:30-8:00am Master Swim Team 8:00-8:45am Shallow Water Aerobics 9-9:45am Shallow Water Aerobics 5:00-6:00pm DPR Junior Waves	<b>7</b> 9:00am-10:00 Deep Water Aerobics 9:30-10:00am LTS Parent/Child A 10:00-10:30am LTS Parent/Child B 10:00-10:30 LTS Children LVL1 10:30-11:00am LTS Children LVL 2 11:00-11:45am LTS Children LVL 3 11:45-12:30am LTS Children LVL 4
<b>8</b>  10:00-10:30 LTS Children LVL 1 10:30-11:00 LTS Children LVL 2 Lifeguard Training Academy 11:00-1:00pm	<b>9</b> 5:30-8:00am Master Swim Team 6:00-7:00am Hydros핀 8:00-8:45am Shallow Water Aerobics 9-9:45am Shallow Water Aerobics 10:00-11:00- Shallow Water Aerobics 12:00-1:00pm Hydros핀 5:00-6:00pm DPR Junior Waves	<b>10</b> 5:30-8:00am Master Swim Team 9:00-10:00am LTS Seniors LVL 1 6:30-7:30pm Shallow Water Aerobics	<b>11</b> 5:30-8:00am Master Swim Team 8:00-8:45am Shallow Water Aerobics 9-9:45am Shallow Water Aerobics 10:00-11:00- Shallow Water Aerobics 5:00-6:00pm DPR Junior Waves 7:30-7:30 LTS Adult LVL 1 7:30-8:00 LTS Adult LVL 2 8:00-8:45 LTS Adult LVL 3	<b>12</b> 5:30-8:00am Master Swim Team 9:00-10:00am LTS Seniors LVL 1 6:30-7:30pm Shallow Water Aerobics Lifeguard Training Academy 11:00-1:00pm	<b>13</b>  29th Annual Black History Invitational Swim Meet CLOSED	<b>14</b>  29th Annual Black History Invitational Swim Meet CLOSED
<b>15</b>  29th Annual Black History Invitational Swim Meet CLOSED	<b>16</b>  PRESIDENTS DAY CLOSED 	<b>17</b> 5:30-8:00am Master Swim Team 9:00-10:00am LTS Seniors LVL 1 6:30-7:30pm Shallow Water Aerobics	<b>18</b> 5:30-8:00am Master Swim Team 8:00-8:45am Shallow Water Aerobics 9-9:45am Shallow Water Aerobics 10:00-11:00- Shallow Water Aerobics 7:00-7:30 LTS Adult LVL 1 7:30-8:00 LTS Adult LVL 2 8:00-8:45 LTS Adult LVL 3	<b>19</b> 5:30-8:00am Master Swim Team 9:00-10:00am LTS Seniors LVL 1 6:30-7:30pm Shallow Water Aerobics	<b>20</b> 5:30-8:00am Master Swim Team 8:00-8:45am Shallow Water Aerobics 9-9:45am Shallow Water Aerobics	<b>21</b> 9:00am-10:00 Deep Water Aerobics 9:30-10:00am LTS Parent/Child A 10:00-10:30am LTS Parent/Child B 10:00-10:30 LTS Children LVL1 10:30-11:00am LTS Children LVL 2 11:00-11:45am LTS Children LVL 3 11:45-12:30am LTS Children LVL 4
<b>22</b>  10:00-10:30 LTS Children LVL 1 10:30-11:00 LTS Children LVL 2	<b>23</b> 5:30-8:00am Master Swim Team 6:00-7:00am Hydros핀 10:00-11:00- Shallow Water Aerobics 12:00-1:00pm Hydros핀 5:00-6:00pm DPR Junior Waves 7:30-7:30 LTS Adult LVL 1 7:30-8:00 LTS Adult LVL 2 8:00-8:45 LTS Adult LVL 3	<b>24</b> 5:30-8:00am Master Swim Team 9:00-10:00am LTS Seniors LVL 1 6:30-7:30pm Shallow Water Aerobics 	<b>25</b> 5:30-8:00am Master Swim Team 6:00-7:00am Hydros핀 10:00-11:00- Shallow Water Aerobics 12:00-1:00pm Hydros핀 5:00-6:00pm DPR Junior Waves 7:30-7:30 LTS Adult LVL 1 7:30-8:00 LTS Adult LVL 2 8:00-8:45 LTS Adult LVL 3	<b>26</b> 5:30-8:00am Master Swim Team 9:00-10:00am LTS Seniors LVL 1 6:30-7:30pm Shallow Water Aerobics	<b>27</b> 5:30-8:00am Master Swim Team 5:00-6:00pm DPR Junior Waves	<b>28</b> 9:00am-10:00 Deep Water Aerobics 9:30-10:00am LTS Parent/Child A 10:00-10:30am LTS Parent/Child B 10:00-10:30 LTS Children LVL1 10:30-11:00am LTS Children LVL 2 11:00-11:45am LTS Children LVL 3 11:45-12:30am LTS Children LVL 4